Employee Name: \_\_\_\_\_\_\_\_\_\_\_­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_ ­­­­­­­ Date of Hire: \_\_\_\_\_\_\_\_\_\_\_ Home unit: \_\_\_\_\_

Baby-Friendly is a certification given to hospitals that pass certain criteria in regards to breastfeeding. One of the requirements if that staff receive sufficient education about breastfeeding. As a new member of ECRMC team we need you to complete the following breastfeeding education according to Baby Friendly Certification process. Most of the activities, or links to them, can be found on the Women Center (WC) website under the Lactation tab. Some of these tasks will be completed during your time with your preceptor or with lactation.

Read the *Well Start* Lactation Module Date: \_\_\_\_\_\_\_\_

[www.wellstart.org](http://www.wellstart.org)

(click on yellow box)

*Well Start* Lactation Module Exam Date: \_\_\_\_\_\_\_\_ UC Learning Center, print your certificate and attach to this checklist

*UCSD Baby Friendly and SPIN* Module and Post Test Date: \_\_\_\_\_\_\_\_ (grade yourself)

Review the SPIN website Date: \_\_\_\_\_\_\_\_ <http://health.ucsd.edu/specialties/obgyn/maternity/newborn/nicu/spin>

View the following videos Date: \_\_\_\_\_\_\_\_ <http://newborns.stanford.edu>

(click on Breastfeeding to get to the videos)

 Breastfeeding in the First Hour

 A Perfect Latch

 Hand Expressing Milk

 Maximizing Milk Production

Review the booklet “Your Guide to Breastfeeding” and take the Post Test Date: \_\_\_\_\_\_\_\_ <http://womenshealth.gov/publications/our-publications/breastfeeding-guide/index.html>

(grade yourself)

Read LATCH score article and take the Post Test (grade yourself) Date: \_\_\_\_\_\_\_\_

Review the following ECRMC Breastfeeding Policies & Procedures Date: \_\_\_\_\_\_\_\_ WC intranet home page

 Breast Pump

 Breastfeeding: Care of sore nipples

 Breastfeeding: Infants

 Breastmilk: Collection, Storage, and Preparation

 Breastmilk: Medications and Drugs

 Cleaning of Breast Pump Parts and Reusable Feeding Supplies

 Feeding Guidelines: Healthy Infants

Hypoglycemia: Management of Infants at Risk

 Milk Sharing: Human Milk from an Outside Source

Read the following American Academy of Pediatrics Policies Date: \_\_\_\_\_\_\_\_

 Breastfeeding

 Drugs in Breastmilk

Review parent handouts/postpartum admission packet Date: \_\_\_\_\_\_\_\_

 “A New Beginning” booklet and take the Post Test (grade yourself)

 Breastfeeding Guide and Log Book

 San Diego County Breastfeeding Coalition Resource Guide (updated annually)

 Bottle Feeding Your Baby

Review UCSD’s lactation accommodation website Date: \_\_\_\_\_\_\_\_\_ <http://blink.ucsd.edu/go/lactation>

**To be completed within 6 months of hire.** Return your completed checklist to the person listed below for your home unit.

Maternal Child Clinical Educator- Suellen Encinas, RN

Employee Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Supervisor Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_